

COMPASSIONATE SYSTEMS LEADERSHIP SEY2K LEARNING COMMUNITY OCT. 12, 2023





GROUNDING AND CHECK IN: WHY IS IT IMPORTANT?

Increases self awareness – what's moving in me today?

Facilitates emotional settling

Nurtures wellbeing for self, and listening to others

Creates a generative and compassionate social field

Increases readiness to be together; builds community

Develops internal accountability



GROUNDING AND CHECK IN STRUCTURE

An **invitation** to be present, to arrive

Eyes open or closed

Comfortable place and posture

Two questions:

- 1) What's moving in me today?
- 2) What are my hopes for today?

Journalling time – Opportunity to reflect Check in, share with partners

Our Culture

Be present – as fully as possible

Openness

Conscious participation

Everything is by invitation

No judgement – listen to understand and curious

Confidentiality



Naming Protocol

Breakout Rooms

Follow Up Emails

Contact Information

Registration

Regular Participation

Website



Vision for SEY2K

What we have we learned so far?

Overview of Compassionate Systems Leadership and our Work Together

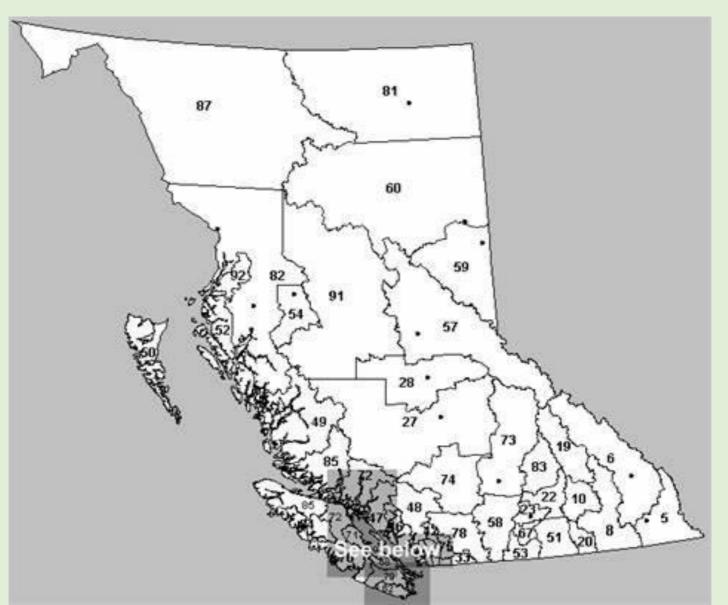
Site Discussions

Emerging Themes

Preparing for Next Time



Provincial Direction









Compassionate systems leadership is.....

A method for creating change in the way a system is working to address a complex challenge

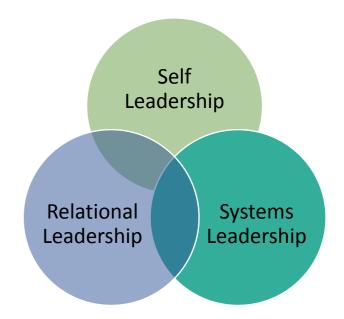
An integrated framework for development of skills and knowledge to effectively progress systems change initiatives

Makes the basic assumption that everyone, no matter what their hierarchical position, is a leader: everyone has the potential to create or support change

COMPASSIONATE SYSTEMS LEADERSHIP

Compassionate Systems Leadership has three core elements to support systems change and well-being:

- **Self Leadership** cultivating self-reflection, self-awareness and mindfulness practices
- Relational Leadership building authentic connections where space is created to be truly present
- Systems Leadership understanding and fostering connections between self, others and the broader system



What is a System?

We often think of a system as an organization, but simply put, a system is any group of things and/or people that interact towards a common goal. (*The goal may not be explicit to all*)



We Are The System....and how we show up makes a difference

Foundations



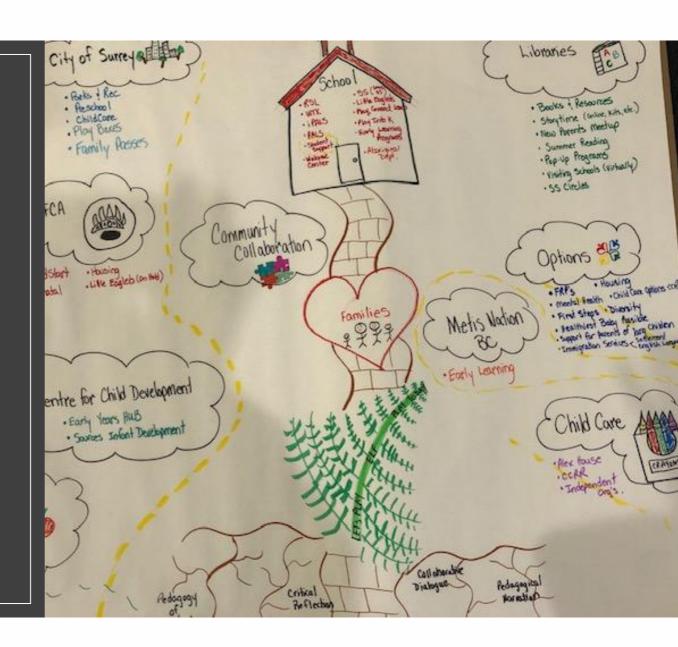
Cultivating Present Awareness and Compassion

Learning Process



SURREY SCHOOL DISTRICT

System Mapping



Iceberg

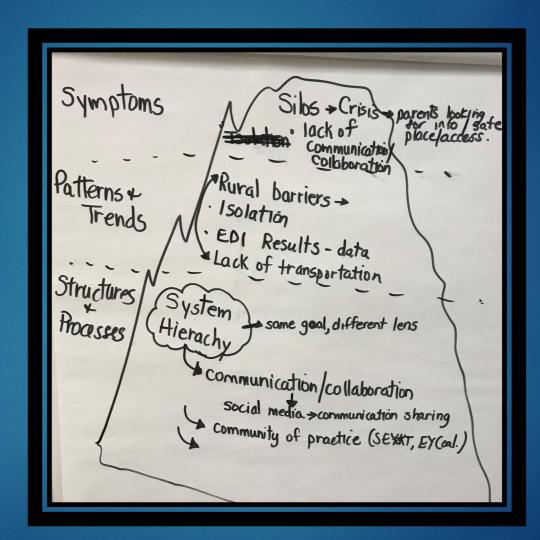
In Collaboration with SD6:

Viveka Johnson, Director Kim Erven-Culler, lead September Helmer, K teacher Tara Smith, Gr. 2 teacher

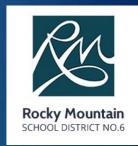
And Community Partners:

Melanie Ferster, EY Coordinator Sandy Kalesnikoff, StrongStart & CBAL Andrea Haworth, Interior Health

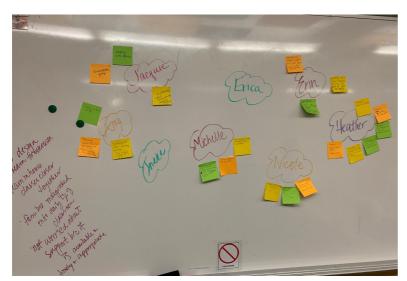
Joyce Rhodda, Ktunaxa Early Years

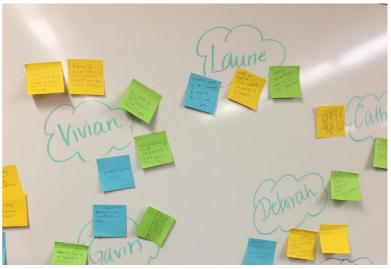












tension

What is it we want to do?

key words and phrases...

"Letting the vision rise to the top"

"what lies between the ideas?"

What's our vision....part 2: creative

community

team

welcome

connection



Who else do you need with you for this work? How are you starting this year? What do you want to let go of? What is your dream for the coming year? Where can you particularly apply CSL tools? What else do you really need to know?



Structure for This Year

- Weekly emails
- Going Deeper sessions
- Website
- Nurturing our Collective Learning

