Fort St John SEY2K Our Journey...



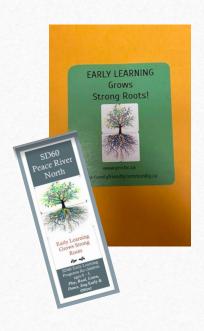




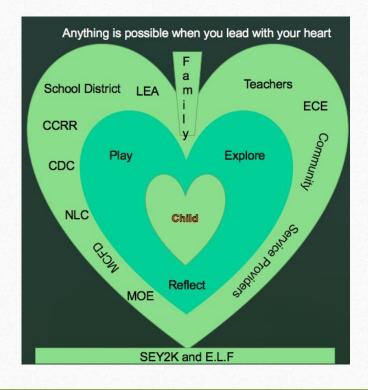














Creating Space Connecting – Stronger Together







Mindful Listening and Speaking

Compassion Cultivation

Setting the Stage

Community Partners

- CCRR
- CDC

SD 60

- Administration
- Teachers
- ECE
- SWIS Program
- Learning Services Departments
 - School Counselor
 - OT
 - Deaf and Hard of Hearing
 - Inclusion
 - Speech and Language
 - Curriculum
 - School Psychologist









Building on our Success... Continued Growth

THE PRESCHOOL LEARNER is curious and in constant

wonder about the world, excited to come to school, establishing an awareness of self, others and surroundings and learning to communicate his thinking and emotions.

Helpful skills to build in the Preschooler transitioning to Kindergarten:

Skills That Foster Independence:

Self-Help Skills: for eating, for dressing, for putting on shoes or boots, for using the bathroom and being able to feel the internal body systems for hunger, bathroom needs, temperature and emotions.

Personal Emotional and Social Awareness Skills: problem solving strategies, able to listen to and follow 2 step directions, able to focus attention for about 5 minutes, skills for transitioning to new activities and environments, skills for developing flexibility, awareness of different emotions, able to 'read' emotions on others, ability to name and express emotions appropriately, and self regulation skills.

Skills that Foster Positive Social Interaction: take turns, wait time and patience, ability to win and to lose gracefully at a game, accept criticism, show empathy, emotional connection with others, conversation skills: listening, speaking, pausing, vocabulary for expression, ways to enter a conversation, cooperative play skills showing the ability to share, being able to copy and imitate when modeling others, and able to establish relationships with others to feel secure in their environment.

THE KINDERGARTEN LEARNER is also curious and in constant

wonder about the world, excited to come to school, establishing an awareness of self, others and surroundings and learning to communicate his thinking and emotions but also developing a growing sense of confidence in their abilities. The learning environment is considered the 3^{rd} teacher and is critically important in encouraging exploration of new ideas and concepts.

Helpful skills to build in the kindergarten student:

Increasing awareness of self, others and environment.

How to show empathy and kindness, respecting and appreciating diversity of race, culture, gender and ability. Increasing sense of self advocacy, confidence and strength in communicating ideas and thoughts.

Practicing decision-making and problem-solving skills.

Develop techniques for mindfulness and anxiety reduction in new settings – using all 5 senses and stories. Lengthen wait time and patience for others and situations.

Literacy skills – how books work, increasing vocabulary, broaden conceptual knowledge and background knowledge Communication skills – grammar, vocabulary, concept words and description all growing rapidly

Extending vision within systems

Building system connections and relationships







When the success of our children is the focus...

The journey never ends

